

Paddling Gear - On the Go

Expedition Kit

Waist Pack - 5/10L

Sunglasses
Sun screen
Water bottle
Snacks
Phone in waterproof case
Money / Credit card
Spare upper layer
VHF handheld radio (if required)
Map or chart (if required)

Boards, Paddles and Pumps

Board
Paddle
Leash
iSUP pump (if required)
Spare collapsible paddle (if required)
Water container (5L)

Key Paddling Clothing & Accessories

Waterproof jacket
Waterproof trousers / Dry Trousers
Paddling T Shirt (technical fabric)
Paddling shorts
Footwear
PFD (if required)
PLB (if required)
Drysuit
Wetsuit
Thermal layers / Socks (colder conditions)
Gloves / Open palm Mits
Warm Hat