

SUP Kit Checks

SUP Boards

Check for dings and/or splits – no matter how small.

ISUP - a basic repair kit should've been provided that you can use.

Hard boards may need to seek assistance of board repairs. Certainly don't leave dings and hope for the best...

SUP Paddle

Check all parts of your paddle are solid. Sometimes glue can fail causing parts becoming separated.

If you own an adjustable paddle, tighten screws where applicable and ensure there's no 'play' or movement. Inspect all parts of your paddle to try and determine if there is any damage that'll affect the paddle's integrity.

SUP fins

Fins can pick up all kinds of nicks and damage, check for any cracks and sharp edges.

Its also worth checking you fin bolts/clips for damage and if they are still secure.

SUP leash

It should go without saying that a leash should be checked regularly and replaced if damaged.

Make sure the Velcro cuff, retainer, swivel and leash plug (especially on hard SUPs) are in good working order.

Top Tip - Cleaning, Drying & Storing

Keeping kit clean will maintain its shiny new look and prolong its life.

Cleaning kit after paddling at your local spot is the way to stop water contaminates spreading if you paddle else where.

Always dry kit before storing for long periods of time. Store hard boars out of the bag if possible.

[SUB Scrub](#) is a great product for this, stock is available from Ben Julian Coaching

